

# **IPNA Fellowship Program**

**Practical Details for Applicant Fellows**

**2018 edition**





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## Eligibility criteria

If you can answer positively all these questions, you are ready to proceed with your application:

- ✓ Are you at least 30 years old?
- ✓ Are you living and working in a developing country?  
(low, lower middle or upper middle economy according to the World Bank criteria)
- ✓ Have you received basic training in nephrology in your home country?
- ✓ Are you nominated by a Home Mentor and your Home Institution who guarantees your re-employment once training has been completed?
- ✓ Can you be recommended by a senior nephrologist in your home country?
- ✓ Have you identified an appropriate Host Mentor and Institution with whom you have agreed on a suitable training plan?
- ✓ Does your training plan reflect the skills and knowledge that are required by your Home Institution and which you can implement on your return?
- ✓ Can you understand and communicate in the host country's language?

We strongly advise you to look for information about practical issues (tax, housing, transportation, security) in the host city prior to applying.

Applicants with previous experience in pediatric nephrology outside their home countries are not eligible for Fellowship.

Only 1 fellowship can be given. If you already received an ISN fellowship, you will have to choose.

## How to choose your training

If you can answer positively all these questions, you are ready to proceed with your

### Training Centres

Your fellowship training will only be validated if you are in one of IPNA training centres.

You can download the IPNA training centres list on the IPNA website.

### Choose your level

Each centre corresponds to a level skills.

Here are the details about those levels:

Level 1 – Basic Competence	Level 2 – Clinical Skills
<ul style="list-style-type: none"> <li>- Fundamental knowledge – kidney structure &amp; function, blood &amp; electrolyte results with relevant management</li> <li>- Clinical examination &amp; assessment skills</li> <li>- Assessment &amp; management of ped nephrology problems in inpatient and out-patient settings</li> <li>- Assessment of fluid status &amp; appropriate fluid management.</li> <li>- Knowledge of fluid &amp; electrolyte imbalance in renal pathology               <ul style="list-style-type: none"> <li>- Urinalysis</li> <li>- Fluid resuscitation (Oral and IV, Different fluids available)</li> </ul> </li> <li>- Understanding basic renal imaging techniques for UTI's</li> <li>- Understanding social implications of CKD</li> <li>- Principles of prescribing medication in children with renal dysfunction</li> <li>- Knowledge of basic disorders               <ul style="list-style-type: none"> <li>- Hematuria &amp; Proteinuria</li> <li>- UTI's</li> <li>- Nephrotic &amp; Nephritic</li> <li>- AKI and CKD</li> <li>- Hypertension</li> <li>- Renal Calculi</li> </ul> </li> <li>- Outpatient Department follow-up of patients with renal pathology</li> <li>- Develop communication skills with respect to the care of children with kidney diseases</li> <li>- Manage the patient with acute kidney injury               <ul style="list-style-type: none"> <li>- Conservatively</li> <li>- Peritoneal dialysis, if possible</li> </ul> </li> <li>- Perform small audit project</li> <li>- Knowledge of screening and awareness of paediatric renal disease</li> <li>- Proficiency in preventive nephrology</li> </ul>	<ul style="list-style-type: none"> <li>- Outpatient attendance under supervision               <ul style="list-style-type: none"> <li>▪ Management of general nephrology/urology patients (Transplant – optional)</li> <li>▪ Growth and nutrition in children with renal disease</li> </ul> </li> <li>- Ward admission and management of complicated paediatric nephrology patients               <ul style="list-style-type: none"> <li>▪ Acute new patients including AKI</li> <li>▪ Ward responsibility with evaluation of urinalysis, checking and interpreting blood results, phoning parents, keeping the files current with latest results, etc.</li> <li>▪ First-line on-call roster after hours</li> <li>▪ Managing CKD and chronic dialysis patients</li> </ul> </li> <li>- Interpretation of radiologic, ultrasound, nuclear and urodynamic studies</li> <li>- Presenting cases on ward rounds, and grand/academic teaching rounds</li> <li>- Perform practical procedures under supervision including               <ul style="list-style-type: none"> <li>▪ Renal biopsies</li> <li>▪ Dialysis related, such as insertion of acute peritoneal dialysis catheters</li> <li>▪ Observing or assisting in insertion of hemocatheters</li> </ul> </li> <li>- Acquire knowledge of renal histology by attending histology meetings</li> </ul>

## Application files

Your application will only be considered as complete if it contains ALL the following documents:

- ✓ The completed and duly signed application form (online)
- ✓ A Curriculum vitae (CV)
- ✓ An acceptance letter from the Host Institution
- ✓ A letter of recommendation from nephrologist in your Home Institution (or country).
- ✓ A letter from your Home Institution guaranteeing re-employment.
- ✓ Applicant's letter and training plan describing the goals and objectives and how the training will benefit and impact the Home country and Institution. The letter should explain how the training will benefit your Home country and Host Institution.

### General tips and comments:

- Application:  
The application is a lengthy process and we recommend you allocate enough time for it before submission. The IPNA can only fund a limited amount of Fellows each year and only candidates with a strong application file are accepted.
- Forms:  
Your application must be submitted via the online application system.
- Letters:  
Make sure all letters are written under official letterheads and duly signed.
- Training plan:  
The Committee members who score your application expect an indication from the Host Institution of the training to be provided, with sufficient details to help them judge that there is a match between your aspirations, the Host centre's offer and the strategy of the Home centre. It is highly recommended that the Host mentor adjoins a specific training plan to his letter of acceptance. Do not neglect this part and make sure you allocate an appropriate amount of time with your host Mentor to jointly establish a strong training plan.
- Re-employment:

Make sure the letter clearly states that your home institution guarantees your re-employment upon completion of your training.

- Language:

The application and all enclosed documents must be written in English. Documents submitted in any other language will not be submitted to the Fellowship Committee. No exception to this rule will be made.

It is the responsibility of the Host and Home Institution to ensure that the applicant's language capabilities are sufficient to efficiently undertake the Fellowship training and meet any language proficiency requirements of the Host country.

- Hands-on training versus observership:

The fellowship committee will prioritise applications for hands-on training, the impact of which will be greater upon return at the home institution. While establishing the training plan, please make sure that you will be able to have direct contact with patients. This requires a medical license from your host licensing body that allows you to provide direct clinical care.

Any other specific host requirements that are not mandatory for IPNA should be formulated by the Host Institution.

## Application submission

The Fellowship Program has 2 separate application rounds a year. The respective deadlines for submitting complete applications with all supporting documents are **April 1** and **October 1**.

You can register and complete your application on our website:

<http://ipna-online.org/content/fellowship-program>

All information provided is entered into a database for future reference and is verified by the IPNA administrative office. Upon receipt of the application form and check for completion by the IPNA administrative office, a confirmation will be sent to you. If your application is not complete, you will receive an email specifying the missing details.

The results are announced via email approximately 1 month after the deadline.

No application will be accepted past the above deadlines. It is therefore highly recommended that you start the process months ahead as it can sometimes take time to gather all necessary documents.

	<b>Session 1</b>	<b>Session 2</b>
Application deadline	April 1 <sup>st</sup>	October 1 <sup>st</sup>
Announcements of results	May/June	November/December
Start of training	Within 6 months upon reception of your acceptance letter	Within 6 months upon reception of your acceptance letter
Return home	Within 3 months upon completion of your fellowship training	Within 3 months upon completion of your fellowship training

## Reviewing process

Each application is reviewed by all members of the Fellowship Committee.

Approximately 1 month after the application deadline, all applicants are notified in writing about their acceptance or rejection in the Fellowship Program. The successful candidates will be informed about their grant.

Once you have started making your travel arrangements and applying for a visa (if necessary), you must inform the IPNA administrative office about your exact starting date.

### **Concurrent funding**

You must declare any concurrent funding or funding applications to other organisations. If both your IPNA and other applications are successful, then you will be encouraged to accept the other application so that more IPNA funds are available for other fellows.

## Your training

### Insurances

IPNA cannot be held liable for any consequences related to travelling or staying abroad. The responsibility for procuring health/accident and travel insurances remains with the fellow; you or your relatives cannot hold IPNA responsible in the event of untoward events or experiences.

### Financial support

The total sum of the grant is in alignment with the length of the training and varies according to the anticipated expenses in the host country, as per World Bank data. Grants are intended to cover, or offset, all costs related to the Fellowship, including travel, accommodation and living expenses. The grant is intended to cover expenses of the fellow, not his/her family.

In order to receive your grant, you must fill out the payment request form and send it to the IPNA administrative office ([office@ipna-online.org](mailto:office@ipna-online.org)) Once reception of your payment form, you would receive your grant within the next 4 weeks. It is therefore advised that you take some spending money in order to cover your expenses upon your arrival.

The payment can also be sent to your host institution if more convenient to you.

Please note that IPNA does not have any information on local tax policies. You may wish to contact past or present IPNA Fellows and ask to share their experiences with you or give you advice.

### Pictures

The IPNA would be very thankful to receive pictures of your training at any time. These will be used in the IPNA website and any publications on IPNA Programs.

### Extension of your training

You may apply for an extension of your training at the host institution if the Home and Host Mentors feel this is necessary for a successful completion or your training plan.

As IPNA cannot pay a grant retrospectively, please be aware that if you wish to apply for an extension, you have to take into account that IPNA typically needs one to two months before announcing the results of the application rounds.

The application deadlines for a review of an extension application are the same as for a regular application: **April 1** and **October 1**.

## End of your training

You are required to return to home within 3 months after completion of your training and must work in your home institution for a period of at least 3 years and fill a long-term position in your home country line with your training objectives.

By the end of your training, you must send to IPNA a final training report. This report is expected within the 3 months following the end of your training.

After verification and approval of your final report by the Fellowship Committee, IPNA membership privileges will be activated:

- **Stipends covering travel expenses** to go to national pediatric nephrology congress
- A **one year subscription** to the online version of "Pediatric Nephrology" Journal
- An online **copy of the textbook**, "Pediatric Nephrology", 7<sup>th</sup> Edition.

On top of these privileges, you will receive an official IPNA training certificate.

In order to monitor the Fellows' accomplishments, IPNA sends out a questionnaire to past Fellows, which is to be completed and submitted on-line. It is expected that you will complete this questionnaire; IPNA indeed attaches great importance to maintaining a relationship with all past Fellows.