Shankar Yadav

After completing my one-year IPNA fellowship from Bengaluru, St. Johns Medical College on 14th Feb 2018, a year back, a lot of challenges and responsibilities came over my shoulder. Optimum care of children suffering with renal problems in developing countries, where there is lagging commitment to bring up the subspecialty care in pediatrics among policy makers of country and institution is a mighty task. However, I was directed by my personal motivation, support from my mentor Institute, colleagues from my institutes, administration, support from pharmacist and positive response from my patient. Soon most of the immunosuppression was available, renal biopsy in indicated children became a regular task, acute dialysis both peritoneal dialysis and hemodialysis service became feasible. Thanks to adult hemodialysis unit for their support in hemodialysis. This was a new start of pediatric nephrology care, more than 500 hundred children got direct benefit in a year. It was a great achievement to organize IPNA-TC in Nov 21 and 22, 2018 which was marked by the presence of Dr. Cochat, president IPNA himself. About 100 Physicians from all over the country were benefitted and knowledge on managing common pediatric renal problems was updated through the highly applauded CME. In the mean time I have reached the media to spread the words among general public about the renal care being offered in their own region, many turned up with a hope of care and cure. General information about common renal problem was also published in public media and casted in health tele-show.

It is always a tedious task to manage Chronic Kidney Disease in children, especially those in Stage IV/V. Till date, most people due to lag of care and economy deter treatment and prefer to stay at home. Towards the end of this one year few cases came into my contact, with the best of my knowledge and effort I have shown them the path of care. Lack of chronic PD catheter for pediatric size is always a concern, we could manage one and finally started Chronic PD in one of our 8 year kid. Government is providing the CPD bags free of cost, and that is a great support to children with kidney disease.
Although the story appears straightforward, a lot of hardship and determination has been involved. A very little has been done and a lot needs to be done. Pediatric transplant program resides beyond a far horizon. IPNA and ISN, the leaders in establishing pediatric nephrology care holds a lot of responsibility. As an IPNA fellow I feel my responsibility to care the objectives of IPNA “Great Care for Little Kidney Everywhere”. This 1 year has been the most successful year of my career. Looking forward to work with IPNA in all future venture.

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